

**St. Mary's Academy Charter School
School Health Advisory Council (SHAC)**

December 9, 2025

2:00 PM – Room 405

Meeting Agenda:

*Welcome – Felicia Antu & Alice Whitley

*Introductions of committee members

*Purpose & objectives

*Health & Safety Initiatives- Current topics/events

TX A&M AgriLife Extension –Healthy South Texas Recognized School

Parent Program “Cooking Well with Diabetes” - January 13, 2026

Walk Across Texas – all students are participating in PE class

Classroom lessons and projects – Kimberly Davis, Extension Agent-Health

*Nutrition- Dec. 15, 2025 visitor from ESC2 will observe cafeteria routines and offer suggestions.

New changes in nutrition guidelines will be shared with Director.

*Action Items

Bylaws and Policy updates – (establish subcommittees, if needed)

*Adjournment

Next Meeting Dates:

February 18, 2026

April 30, 2026